

## Guidance for progress

Director Shri Mahesh Kumar Agarwal visited APNRL Site and interacted with HoDs' of various departments. During the visit Director Shri Mahesh Kumar Agarwal reviewed the development status of the company and also given valuable directions and guidance to the employees.



If you really willing to see the true example of teamwork and timework Adhunik Power & Natural Resources Limited is the right place to visit. I have been associated with the company from since vast 12 long years.



**Head  
DM Plant  
& Safety  
Speak**

I have learnt many things here under the guidance of superiors and experts of their respective filed. I thank in-house journal, "Nav Urja" team as they have given me opportunity to express my views and experiences through this. I proudly heading DM Plant and SAFETY department with competent team.

I have closely watched the growth of the company since 2011 as I am proud that I am companion of this company's growth journey.

High and low is the part of life and situation but how to tackle the hurdles and cope up with odd situations may

be learnt from here only. Our company APNRL have been felicitated many time for its achievements in respective technical field or for its philanthropic works spree in form of CSR.

Jharkhand and other Govt. agencies have recognized and duly honoured with prestigious awards. My mantra of life is to never be afraid or ashamed to fail but have the courage to start again. Believe in the process and every time you fail, let it make your desire to succeed stronger than before. In this moment I would like share the favorite quote "Today is hard, tomorrow will be worse, but the day after tomorrow will be sunshine."

*Thanking you!*

**Manoj Achary  
Head-DM Plant**



A special training programme on Cardiopulmonary resuscitation (CPR)

# Save life with CPR



A special training cum awareness programme was organised at Sankalp Bhawan (BHEL office) on 18<sup>th</sup> August for the employees of APNRL. A Heart specialist from PARAS Hospital Dr. Rajeev Kumar shared the valuable knowledge for heart diseases especially about Cardiopulmonary resuscitation (CPR), other heart

relevant diseases and also imparted knowledge of care and cure after snake-bite.

Dr. Rajeev Kumar imparted valuable knowledge about CPR and also cleared doubts raised by the trainees. According to Dr. Kumar, CPR is the manual application of chest compressions and ventilations to patients in

cardiac arrest, done in an effort to maintain viability until advanced help arrives.

Cardiopulmonary resuscitation (CPR) a lifesaving technique which is useful at times when someone's breathing or heartbeat has stopped is known, this is irony that only to less than two percent of India's population.



# Rudrabhishek



**Worship** of Lord Shiva in form or Rudrabhishek solemnized at the APNRL employee's residential colony Chitrakoot with all traditional fervor and devotion. APNRL Director Shri Mahesh Kumar Agarwal also performed worship with other HoDs' of various departments. Worship was taken place at the temple area wherein employees of Chitrakoot apartment shown their keen enthusiasm and devotion during the celebration and bowed their head to Lord Shiva idol for seeking blessings. Subsequently, they all have took prasad and blessing of almighty.



## Helping hands for TB patients continue

APNRL's full-fledged campaign against TB diseases is continue under the CSR department by providing nutritious foods to the patients of the peripheral. However, for poor villagers and food-insecure individuals, accessing and successfully completing long-term anti-tuberculosis treatment is challenging but in view of this, Adhunik Power is providing nutritious food every month to the deprived and poor people suffering from TB comes under the territory of Gamharia block. Due to this small token of help health and diet of the patients is improving.

# Growing Green Powering Green



We cannot even imagine world of purity until human should have develop habit to keep environment clean and green.

Keeping in view on this serious concern Adhunik Power & Natural Resources Limited has organised Horticulture Day on 8<sup>th</sup> August.

To commemorate this day one symposium was staged by the Environment department wherein experts of the field have shared their precious views and opinions. Saplings have also been planted on the occasion while in-door

## HORTICULTURE DAY

plants were also given away to the heads of the different departments to place in their respective offices.

The CEO Mr. Arun Kumar Mishra was chief guest on the occasion while Head (O&M) Mr. M N Singh and Vice-President (F&A) Mr. Rajesh Kumar Sharma have shared the dais as guest of honour. An employee Mr. Bhubneshwar Mahato was the special speaker who had shared notable important knowledge with the guests and employ-

ees. Mr. Kamlesh Kumar Jha was the host on podium while Mr. S K Parvez delivered vote of thanks.

**History of Horticulture Day:** On the eve of the birthday of "Father of Horticulture (in India)", Dr. M. H. Marigowda who revolutionize the crop development in Karnataka, India celebrate August 8 as "Horticulture Day" and this day is also celebrated as "M. H. Marigowda Foundation Day" (Dr Manmohan Attavar is the President of M. H. Marigowda Horticultural Education and Research Foundation).



## SEPTEMBER BIRTHDAY OF EMPLOYEES

**APNRL wish you a very HAPPY BIRTHDAY. May God bless you all with good health & prosperity and your sincerity & hard work result in greater success for you.**

Sl. No.	Name	Code	Date
1	Mr. Kundan Kunal	302201	01 Sept
2	Mr. Rajen Kumar Tudu	302236	01 Sept
3	Mr. Malay Kanti Sarkar	302221	01 Sept
4	Mr. Inder Kumar	302724	01 Sept
5	Mr. Prosanta Chakraborty	408129	01 Sept
6	Mr. Anil Kumar Maurya	302630	03 Sept
7	Mr. Alok Sharma	302686	03 Sept
8	Mr. Sujit Kumar	302641	04 Sept
9	Mr. Soken Tudu	302687	04 Sept
10	Mr. Shaikh Firoz Alli	302422	05 Sept
11	Mr. Diwakar Upadhyay	302403	06 Sept
12	Mr. Dinesh Kumar	302176	10 Sept
13	Mr. Vikram Baskey	302524	10 Sept
14	Mr. Rajesh Sharma	302002	13 Sept
15	Mr. Ravi Verma	302888	14 Sept
16	Mr. B. P.Todi	302806	14 Sept
17	Mr. Alok Mahato	302618	15 Sept
18	Mr. Bablu Baskey	302678	15 Sept
19	Mr. Rahul Kumar	303011	15 Sept
20	Mr. Mukesh Pandit	302743	16 Sept
21	Mr. Debobrata Sinha	302788	17 Sept
22	Mr. Shailesh Pandey	302502	17 Sept
23	Mr. Sushil Mohan	302987	17 Sept
24	Mr. Vijay Kumar Jha	302945	22 Sept
25	Mr. Santosh Mardi	302510	26 Sept
26	Mr. Santosh Mishra	302725	27 Sept

**For any information, suggestion & feedback mail to:**

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